



TOEFL IBT SPEAKING

2025-2026

**WITH 40 FULL-LENGTH
REAL PRACTICE TESTS**

DR. HIKMET SAHINER

TOEFL
SPEAKING
2025-2026

40 FULL-LENGTH AUTHENTIC PRACTICE TESTS

DR. HİKMET ŞAHİNER

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PREFACE

TOEFL Speaking 2025-2026 is designed to give test takers an edge in answering the questions on the TOEFL Speaking Section.

This ebook edition includes step-by-step strategies and practice drills for each of the 4 question types on the TOEFL Speaking Section.

TOEFL Speaking 2025-2026 Features:

Step-by-step strategies for each question type on the TOEFL Speaking Section

Test-taking Strategies

Vocabulary Reviews

40 full-length Authentic Practice Tests

Sample Note-taking, Audio Scripts & Sample Responses

TASK 1 – PAIRED CHOICE

▣ What does the question ask?

- ◆ It asks you to choose one of two perspectives on an issue or one of two ways of doing something.

Eating at home or at a restaurant

Doing research online or with actual books

News in print or online news

Having plastic surgery or not

Study group or individual study

▣ How much time do I have?

- ◆ 60 seconds

▣ Preparation

- ◆ 15 seconds

▣ Response

- ◆ 45 seconds

Question Types for Task 1

- *Some people like to do activities (e.g. a picnic, a walk, a short trip, a game) during a holiday. Other people prefer to stay home and relax. Which way do you prefer and why?*
- *Some students prefer living with a roommate, while others prefer to live alone. Which do you prefer and why?*
- *Some people prefer to do extra work for more money, while others prefer to have more free time and spend less money. Which option do you prefer and why?*
- *Some people feel that a class grade should be determined by several tests, while others feel that a class grade should be determined by one research paper. Which opinion do you prefer and why?*
- *Some people feel that surplus food should be given to starving people, while others feel that surplus food should be sold for profit. Which opinion do you agree with and why?*

Task 1 asks you to choose one of two perspectives on a given issue or one of two alternative ways of doing something. Choose one point of view as quickly as you can and prepare your response. When you respond, you need to provide your main topic along with reasons and supporting details.

RESPONSE PROCESS OF TASK 1

Understand the question



Choose one of the two options



Outline



Respond

STRATEGIES FOR TASK 1

- **Quickly understand what the question asks you to do**
- **Choose one of the two options as quickly as you can**
- **Produce many ideas through a brainstorming process**
- **Organize the ideas in an outline**
- **Practice expressing key ideas in complete sentences**
- **Relax and speak clearly and confidently**
- **Do not hesitate or mumble, even when you make mistakes**
- **Remember, your time is limited**

Sample Question

Some people want to go to the mall with friends and others by themselves. Which of the two ways of shopping do you prefer and why?

Which way of shopping do you prefer?



Go shopping with friends
Go shopping alone



Have lots of conversation
Get advice
Negotiate better
Borrow money from friends



Honest opinions about products, compare & contrast freely, my friends negotiate for me, my supporters, etc.

SAMPLE QUESTION

Some course grades are largely based on students' individual projects, while other courses put great importance on team projects. Which way of grading do you prefer and why? Please include details and examples in your response.



Track 01

Preparation time: 15 seconds

Response time: 45 seconds

RESPONSE PROCESS OF TASK 1

Topic → Reason 1 & Details → Reason 2 & Details

OUTLINE

Topic → Individual projects

Reason 1 → Fairer way to grade students

Details

- *Team project: only 1 or 2 stud. work hard*
- *Everyone gets the same grade: not fair!*

Reason 2 → Better results

Details

- *Ind. proj. motivate stud. to study harder*
- *Team papers tend to be short & superficial*

SAMPLE RESPONSE

Individual projects

→ In my opinion, individual projects should be considered more important than team projects when grading students' performances.

Fairer way to grade students - Team project: only 1 or 2 stud. work hard - Everyone gets the same grade: not fair!

→ This is because I believe the grading system based on individual work is a fairer way to grade students. Nine times out of ten, only one or two students really work hard on a team project. So, it is not fair if every member of a team gets the same grade regardless of their contribution.

Better results - Ind. proj. motivate stud. to study harder - Team papers tend to be short & superficial

→ Another reason is that focusing on individual projects can derive better results from students. Individual projects give students motivation to study harder, since students are aware that they're going to be graded based on their own work, while team papers tend to be relatively short and superficial.

PRACTICE OUTLINING 1. Read the questions and develop your ideas.

1. Some people like listening to music while they study, and others would rather not listen to music while studying. Which do you prefer and why?

Study with music

Listen to music

↓

Why

↓

Makes studying fun, blocks other noise ...

Details

↓

Keeps me awake, time goes fast, TV, family talking ...

No music

↓

Why

↓

Concentrate better, studying is priority ...

Details

↓

No sounds, study only, understand ↑ ...

2. Some people like eating 'dinner at home on their birthdays, while others like going out to nice restaurants for their birthdays. Which do you prefer and why?

Where to eat

Why

Details

3. Some people would like one four-month summer vacation from school, while other people would like separate, shorter vacations. Which option do you prefer and why?

Kind of vacation

Why

Details

4. Some people prefer to work during the day, while others prefer to work at night. Which way do you prefer and why?

When to work

Why

Details

PRACTICE OUTLINING 2. Read the questions and fill in the blanks with key ideas.

1. Some people like listening to music while they study, and others would rather not listen to music while studying. Which do you prefer and why?

Topic

Listen to music

Reason 1

Makes studying fun

Details

- *Keeps me awake*
- *Time goes fast*

Reason 2

Blocks other noise

Details

- *TV*
- *Family talking*

2. Some people like eating dinner at home on their birthdays, while others like going out to nice restaurants for their birthdays. Which do you prefer and why?

Topic

Reason 1

Details

Reason 2

Details

3. Some people would like one four-month summer vacation from school, while other people would like separate, shorter vacations. Which option do you prefer and why?

Topic

Reason 1

Details

Reason 2

Details

4. Some people prefer to work during the day, while others prefer to work at night. Which way do you prefer and why?

Topic

Reason 1

Details

Reason 2

Details

GRAMMAR FOR TASK 1

Sentence Structure: COMPARATIVES

* 1 & 2 syllables ending in -y: **adj. + -er**

*Living in a small town is **wiser than** living in a big city.*

* others: **more + adj.**

*People who live in a small town feel **more comfortable than** people who live in a big city.*

* Descriptive adj. (awake, alike, alone): **more + adj.**

*People living in a small town are **more aware of the quality of living than** people living in a big city are.*

RESPONSE TEMPLATES FOR TASK 1

TEMPLATES FOR TOPIC SENTENCES

I would say that ...

I would say that people living in a small town are wiser than people living in a big city.

I believe that ...

I believe that people living in a small town feel more comfortable than people living in a big city.

TEMPLATES FOR REASON SENTENCES

That's because ...

That's because it's especially better to raise kids in a small town.

Furthermore, ...

Furthermore, people who live in a small town feel more comfortable than people who live in a big city.

TEMPLATES FOR DETAIL SENTENCES

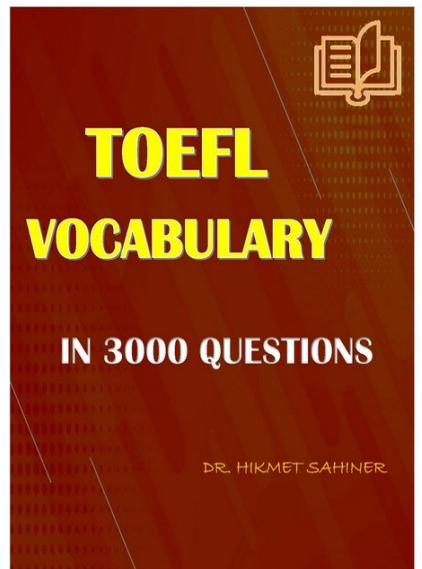
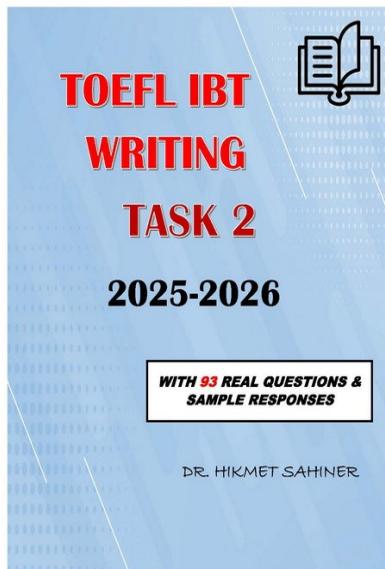
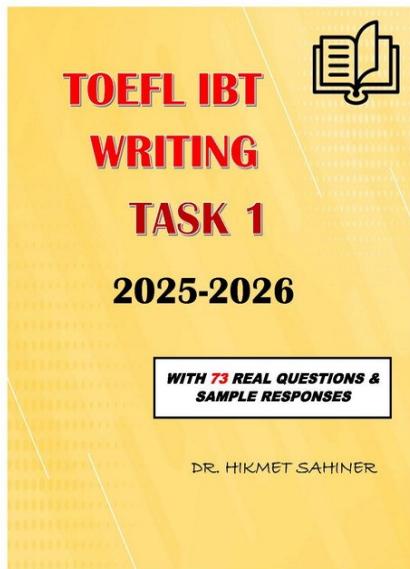
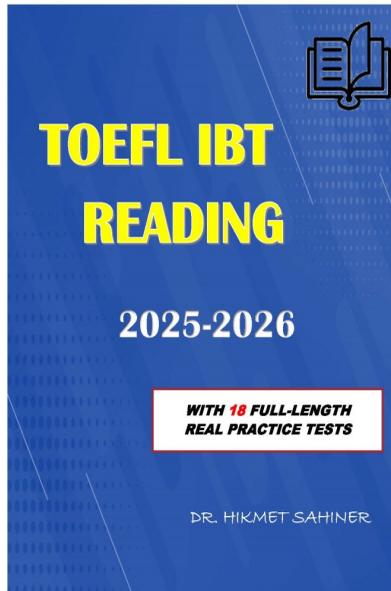
I mean ...

I mean our kids can benefit from a safe environment and a friendly neighborhood.

Especially, ...

Especially, clean air and pure water can help maintain good health.

TOEFL PREP SERIES



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